

HUMAN SERVICES ADVISORY BOARD (HSAB)

MINUTES

January 16, 2019 at 5:00 p.m.

City Hall Council Chambers

CALL TO ORDER:

Meeting was called to order at 5:00 p.m. by Chair Stephanie Sackett-Converse.

ATTENDANCE:

HSAB members in attendance: Barbara Braun, Stephanie Sackett-Converse, Maria Reichert, Helen Boisjolie, Julia Ubbenga and staff liaison Maureen Burwell. Absent: Linda Rabb and Joel Nunn.

APPROVAL OF MINUTES:

BOISJOLIE MOVED TO APPROVE THE AUGUST 15, 2018 MEETING MINUTES. BRAUN SECONDED. MOTION CARRIED 5-0.

OLD BUSINESS

1. Final budget appropriations for human service funding

Board members reviewed the chart with the final appropriations for the City's 2019 Budget. Council approved the funding in the amounts recommended by the HSAB.

PRESENTATIONS

1. Jay Thomas, Executive Director of Rainier Foothills Wellness Foundation (RWF) Thomas thanked the Board and the City for their support of the Neighbors Feeding Neighbors (NFN) program, which delivers hot meals to Enumclaw senior citizens. He noted that he did a ride-along with Christine Williams, the coordinator of NFN, and realized that relationships are developed so more than just food is provided; there is conversation and emotional support given. He noted that, in 2018, 8800 meals were served to 350 individuals. Every Monday, Wednesday and Friday, a hot meal is delivered for dinner as well as a meal for lunch the next day. One third of the revenue is from the people receiving the meals, who pay \$3 to \$5 each. NFN is almost 100% run by volunteers.

In response to questions from Board members, Thomas gave the following information regarding NFN:

- Meals are prepared at the Senior Center.
- Most of the recipients are in the City limits of Enumclaw.
- There was a delivery for Thanksgiving and Christmas.
- Most marketing is done by word of mouth; also the Senior Center has promoted the service to its clients.
- To Jay's knowledge no one has been turned down from receiving the meals if they request them.

Thomas stated his education was from University of Washington and his career has been in working for non-profits: Big Brothers/Big Sisters; YMCA, Peace Community Center, United Way and now RFWF.

In response to a question from Ubbenga regarding the vision of RFWF, Thomas stated mental health issues are at the forefront of new programming. There has been a recent Community Conversation on Suicide, which was in partnership with the Enumclaw School District. It was well attended. The Reality House will continue which aims to prevent underage alcohol and drug use. A new program for seniors is planned with the partnership of Enumclaw Rotary. A volunteer will visit seniors and provide emotional support through conversations and perhaps running some errands.

Sackett-Converse thanked Thomas for coming to the meeting and giving insight into RFWF's programming.

NEW BUSINESS

1. Set 2019 Schedule

Proposed: Wednesdays, April 17, August 21 and September 18

Board consensus to accept the proposed dates for 2019. All will be at 5:00 p.m. at City Hall.

ANNOUNCEMENTS

1. Reappointments: Julia Ubbenga, Linda Rabb

Sackett-Converse noted the reappointments and thanked Ubbenga and Rabb for their continued commitment to the HSAB.

2. Next Meeting: Wednesday, April 17, 5:00 p.m. at City Hall

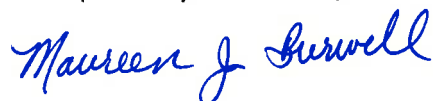
Sackett-Converse noted and suggested that perhaps a middle school or high school counselor could be the guest speaker at this meeting. Burwell will contact and, if unable to schedule a counselor, will speak to the newly assigned School Resource Officer (a member of Enumclaw Police Department) and see if she is able to give a presentation.

ADJOURNMENT

UBBENGA MOVED TO ADJOURN. REICHERT SECONDED. MOTION CARRIED 5-0.

Meeting was adjourned at 5:30 p.m.

Respectfully Submitted,



Maureen J. Burwell

Staff Liaison

Date Minutes Approved: 4-17-19